



# School Support Person Tips for Helping LGBTQ+ Students in Unaffirming or Unsupportive Households

## **The Trevor Project Report: Implications of COVID-19 for LGBTQ Youth Mental Health and Suicide Prevention**

This research report: outlines ways that physical distancing, economic strain, and increased anxiety related to COVID-19 may impact LGBTQ youth; and explains how The Trevor Project and others can work to support LGBTQ youth during this time.

## **Covid-19 Sent LGBTQ+ Students Back to Unsupportive Homes. That Raises the Risk They Won't Return.**

This article from the Chronicle of Higher Education sheds light on the challenges that many LGBTQ+ youth will face in unsupportive/unaffirming homes, transitioning into online education platforms, and more during the COVID-19 crisis. It also explains the role that school campuses, educators, and organizations have on the mental health and wellbeing of LGBTQ+ youth.

## **All Children - All Families: COVID-19 & LGBTQ Clients - Key Considerations**

Social distancing requires new strategies for clients' mental health engagement and creates new opportunities to ensure clients access services without encountering challenges related to their sexual orientation, gender identity, or gender expression. This tip sheet from All Children - All Families offers key areas to consider when working to mitigate these challenges through thoughtful action.

## **The Trevor Project: Trevor Support Center - Family + Friends**

Although parents, friends, and family do play a significant role in the mental health, safety, and well-being of LGBTQ+ youth, this is not always the case - especially for LGBTQ+ children. This portion of the Trevor Support Center is dedicated to answering some frequently asked questions pertaining to navigating an unsupportive family climate, as well as providing resources for each scenario.

## **Six Ways Educators Can Support LGBTQ Students During COVID-19**

Written in collaboration with Caitlin Ryan, Ph.D., ACSW, Director of the Family Acceptance Project, and Ricky Robertson, M.Ed., author and trauma-informed care educator, this article emphasizes the crucial role that educators play in the lives of LGBTQ+ youth and ways in which educators can continue to support their LGBTQ+ students.

## **Supporting LGBTQ+ Students During Social Distancing**

Experts at The Trevor Project offered their recommendations for ways educators can support LGBTQ+ students through coronavirus school closures.

## **GSA Network: Supporting LGBTQ Youth through Family Engagement**

Here you'll find strategies and resources to engage LGBTQ families - both LGBTQ identified students and non-LGBTQ students with LGBTQ family members.

**QUESTIONS? REACH OUT TO US AT:**  
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